

Our Narrative

Narrative: explanation or interpretation of events in accordance with a particular theory, ideology, or point of view

24 HOUR HELP LINES

CENTRAL VANCOUVER ISLAND	1.800.494.2404
SOUTH VANCOUVER ISLAND	1.866.383.3553
VANCOUVER ISLAND NORTH	1.844.484.6772

Learn Dance Moves Crib Night BBQ Beach Party Pitch & Putt
 Walk Westwood Flower Arranging Paint Night Pizza Night PickleBall
 Clean a Beach Super Bowl Party BIKE RIDE TO ...
 Ice Cream Social Frisbee Golf Tubing Board Games
 Mountain Biking yOGa Skating Wild Play Day Baseball
 Swimming Open Mike Nite
 Have a Passion? Got a Talent? Good at Something? Mandala Rocks
 Paint Ball

ACTIVITIES COMMITTEE

Do You Want to Have some FUN??? Make Connections?

Find your creativity? Share a Talent?

Come ORGANIZE SOME AWESOME activities for our NA Family & Friends!!

Bring your IDEAS!! **Let's make this an Incredibly FUN 2025!!**

~ Come join your activities committee ~ We'd love your input ~

We'd love to see you

Call / Text Shannon 778-269-1477

NEXT MEETING: Saturday January 18, 10:30 AM

Quality Foods in Harewood - Upstairs

SERVICE CENTRAL

Group Service Representatives Meeting 9:30a.m.

followed by

Area Service Committee Meeting 10:00 - 11:30a.m.

Rotary Field House, 850 Third St, Nanaimo,

Next Meeting February 9, 2025

YOUR CENTRAL VANCOUVER ISLAND AREA of NARCOTICS ANONYMOUS SERVICE COMMITTEE

Facilitator: Andrea T

Co-Facilitator: Alison A

Secretary: Laci S

Alternate Secretary: Jen W

Treasurer: Johann H

Alternate Treasurer: **OPEN**

RCM: Trevor B

RCM Alternate: Claire B

Activities Chair: Shannon D

Communications: John M

Newsletter: Elissa B

Public Relations: **OPEN**

Service Guidelines: Laci S

Newsletter

Elissa B, Chair Newsletter@cviana.ca or text: 604.315.5263

PLEASE SUBMIT BY 6:00 p.m. THURSDAY FEBRUARY 6TH

Literature

Amber K, Chair

Send orders to:

Literature@cviana.ca

Please include:

Name of items, how many, payment type (*Cash, Cheques, e-transfer [prefer]*)

and where you will pick up your order

- ◆ *No Matter What Friday*
- ◆ *New Beginnings Sunday*
- ◆ *Area 2nd Sunday, February 9TH*

**ORDERS MUST BE IN BY
5:00pm THURSDAY FEBRUARY 6TH**

Public Relations

CHAIR POSITION: **OPEN**

Edgewood Panels

Monday 7:30pm

Detox Panels

Thursday 6:30pm

Phonelines

Please email

PublicRelations@cviana.ca

with your name & number for info

Jail Panels

Amber K & David M

Every Wed 5:00pm-6:00pm

CarryTheMessageNanaimo@gmail.com

NEW MEN'S MEETING

FRIDAY NIGHT
LIGHTS

Late Night Candlelight

9:00 PM—10:00 PM

596 Albert St



BC REGIONAL SERVICE COMMITTEE LOGO CONTEST 2024



Narcotics Anonymous

Design Guidelines:

Include the Narcotics Anonymous Masthead

Include the NA Logo

Include the Province of BC

No cultural appropriation allowed

Your submission must be inline with our [Fellowship](#)

[Intellectual Property Trust \(FIPT\)](#) and the [NA Legos](#)

[Styles Guidelines](#).

DEADLINE JANUARY 15TH 2025

Submit to: secretary@bcrna.ca

surveys

2023-2026 CYCLE: SURVEY ON STEP WORKING MATERIAL

We are embarking on this survey so that the World Board can hear from the wide world of NA about what members want, need, and don't want in new or revised Step working material. If the *Step Working Guide* were edited and simplified, it could satisfy three of the prioritized Ideas [from the *CAR* survey].

These are:

- ◇ Step working guide aimed at members not new to working the Steps
- ◇ Step working booklet focused mainly on Steps 1–3, aimed primarily at new members and those in treatment and drug courts
- ◇ Revise and simplify the Step Working Guides

Please go to:

https://www.surveymonkey.com/r/step_working_material

2024 MEMBERSHIP SURVEY

Some may wonder why we want this information and how we use it. One of the aims of “A Vision for NA Service” is that NA is viewed as a “viable program of recovery.” With members from several countries attending the world convention in 2024 and members around the world participating from their homes, we have an opportunity to demonstrate that we are, indeed, a viable and respected recovery community resource. Presenting ourselves in this way helps us offer hope to others that they, too, can recover. We encourage each member to spread the word of the Membership Survey to their friends. We would like as many members throughout NA worldwide to participate. Our last fellowship wide survey was in 2018.

Please go to:

https://www.surveymonkey.com/r/membership_survey_2024

Please complete by 31 January 2025