

NA[®] Our Narrative

Narrative: explanation or interpretation of events in accordance with a particular theory, ideology, or point of view

24 HOUR HELP LINES

CENTRAL VANCOUVER ISLAND	1.800.494.2404
SOUTH VANCOUVER ISLAND	1.866.383.3553
VANCOUVER ISLAND NORTH	1.844.484.6772

LOCAL ANNOUNCEMENTS

ACTIVITIES: We are in need of a treasurer please contact Shannon D

We are planning some fun events for our Fellowship. Come Participate!!

Shannon D, 778.269.1477

Meets every Saturday at 10:30 AM, Quality Foods in Harewood, Upstairs.

NEW MEETINGS:

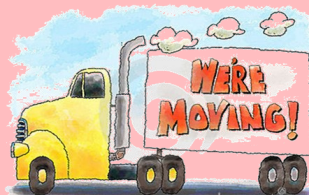
⇒ Gabriola Island, **MY SPONSOR SAID SO**
Open Meeting, Monday's 7:00 PM—8:00 PM
775 Church St, Gabriola Fellowship Church

⇒ Men's Meeting, **FRIDAY NIGHT LIGHTS**
Late Night Candle Light, Friday's 9:00 PM—10:00 PM
596 Albert St, Union Hall, Nanaimo

MEETING ON THE MOVE:

⇒ **SEASIDE SERENITY**
is moving to a new location as of **THURSDAY MARCH 6**

186 Shelly Road, Parksville
Shelly Road Centre
(same room as Lost & Found)



SERVICE CENTRAL

Group Service Representatives Meeting 9:30am

followed by

Area Service Committee Meeting 10:00 - 12:00 pm

Rotary Field House, 850 Third St, Nanaimo,

Next Meeting March 9, 2025

YOUR CENTRAL VANCOUVER ISLAND AREA OF NARCOTICS ANONYMOUS SERVICE COMMITTEE

Facilitator: Andrea T
Co-Facilitator: Alison A
Secretary: Laci S
Alternate Secretary: Jen W
Treasurer: Johann H
Alternate Treasurer: **OPEN**
Communications: John M

RCM: Trevor B
RCM Alternate: Claire B
Activities Chair: Shannon D
Literature: Amber K
Newsletter: Elissa B
Public Relations: Frankie P
Service Guidelines: Laci S

Newsletter

Elissa B, Chair Newsletter@cviana.ca or text: 604.315.5263

PLEASE SUBMIT BY 6:00 pm, THURSDAY MARCH 6TH

Literature

Amber K, Chair

Send orders to:

Literature@cviana.ca

Please include:

Name of items, how many, payment type (*Cash, Cheques, e-transfer [prefer]*)

and where you will pick up your order

- ♦ *No Matter What Friday*
- ♦ *New Beginnings Sunday*
- ♦ *Area 2nd Sunday, March 9TH*

ORDERS MUST BE IN BY

5:00 pm THURSDAY MARCH 6TH

Activities

Shannon D, Chair

Activities@cviana.ca or text 778.269.1477

Meets Saturdays 10:30 am

Quality Foods Harewood, upstairs

Public Relations

Frankie P, Chair

PublicRelations@cviana.ca

Edgewood Panels Kathryn W

Monday 7:30pm

cvianaTreatmentPanel@gmail.com

Detox Panels Thursday 6:30pm

Phonelines email with Name & # to:

PublicRelations@cviana.ca

Jail Panels

Amber K & David M

Every Wed 5:00pm-6:00pm

CarryTheMessageNanaimo@gmail.com

Meeting List Changes

Morgan M

MeetingList@cviana.ca

BC REGIONAL SERVICE COMMITTEE of NARCOTICS ANONYMOUS

An invite from our RCM's:

The 3 Island Areas are bidding to Host the BCRCNA 33 in April of 2026 and will be presenting to Regional on February 22/23 on the ZOOM meeting. Anyone may attend to watch. Join in and see the BC Service Structure at work!

February 22nd & 23rd at 8:00 AM

<https://app.zoom.us/j>

Meeting ID: 206 207 6969 Password: Region

HAVE YOU CHECKED OUT THESE RESOURCES?

Share your input with Narcotics Anonymous World Services (NAWS)

- ⇒ Issue Discussion Topic Input Forms
- ⇒ 2023-2026 Cycle: Survey on Step Working Material
- ⇒ Projects (2023-2026)
 - ◆ Future of the WSC ◆ Local Service Toolbox ◆ Revising H&I Basics
 - ◆ Revising IP 21 The Loner – Staying Clean in Isolation

www.cviana.ca

Free Recovery Literature

In our meetings, our lives, and our literature, we help each other by sharing our experience and the tools we use to live clean and recover.

Basic Text pg 111

Written by members, our literature offers identification and a message of hope to the still-suffering addict. Recovery literature is an invaluable source of help for members, potential members, and those who want to help addicts.

The collective experience of NA members can be heard in our literature, illustrating how we live life on life's terms. Over the years NA has changed, our literature has expanded and been revised, but the message remains the same: An addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

<https://na.org/literature/>