

GABRIOLA ISLAND

Saturday

7pm **The Good Life** @
675 North Road (PHC Building)

LADYSMITH

Sunday

7pm **Steps & Traditions** @
630 – 2nd Avenue (resource centre)

Thursday

7pm **Living Clean** @
630 – 2nd Avenue (resource centre)

NANAIMO

Monday

12pm **Save Our Serenity**
596 Albert Street (union hall)
7:30pm **Steps to Recovery** @
437 Wesley Street

Tuesday

12pm **Save Our Serenity**
596 Albert Street (union hall)
7:30pm **Just Do It!** @
2174 Departure Bay Road (church)

Wednesday

12pm **Save Our Serenity**
596 Albert Street (union hall)
7:30pm **No Bitchin' More Steppin'** @
765 Bruce Avenue
(school parking lot around back)

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*Get Clean & Stay Clean!  
The NA Way!*

## NANAIMO

### Thursday

12pm **Save Our Serenity**  
596 Albert Street (union hall)  
7:30pm **Time to Shine**  
596 Albert Street (union hall)

### Friday

12pm **Save Our Serenity**  
596 Albert Street (union hall)  
7:30pm **Freedom Friday**  
596 Albert Street (union hall)  
9pm **The Only Requirement** LGBT+ @  
625 Georgia Avenue (school room #9)

### Saturday

12pm **Save Our Serenity**  
596 Albert Street (union hall)  
7:30pm **Steps to Serenity** @  
4017 Victoria Avenue  
(church hall off Norwell Drive)

### Sunday

8:30am **Men's Group** C M @  
285 Prideaux Street  
7:30pm **New Beginnings**  
596 Albert Street (union hall)

## OUTREACH MEETING

### Monday

8pm **Warriors of Wisdom** C @  
699 Capilano Road Lantzville  
(treatment centre)



## PARKSVILLE

### Monday

7:30pm **Alive & Well** @  
1420 Alberni Highway (church)

### Tuesday

7pm **Lost & Found** C @  
186 Shelly Road

### Thursday

7pm **Seaside Serenity** @  
550 Pym Street (side building).

### Saturday

10:30am **Celebrate or Suffer** @  
136 Hirst Avenue

## PORT ALBERNI

### Mondays, Wednesdays & Fridays

7pm **Visions of Hope** @  
3949 Port Alberni Highway  
(hospital, room C off main lobby)  
**This meeting is a closed meeting on Mondays**

### Saturday

7:30pm **Visons of Hope** @  
3028 2<sup>nd</sup> Avenue (club)

## QUALICUM

### Saturday

6pm **Qualicum Basic Text Meeting** @  
600 Beach Road (church basement)

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All meetings are open to everyone unless specified.

Legend:

C closed - addicts only
LGBT+ lesbian, gay, bisexual, transgender, etc.
M men only
@ wheelchair accessible