

GABRIOLA ISLAND

Saturday
7pm **The Good Life**
675 North Road (PHC Building)

LADYSMITH

Sunday
7pm **Steps & Traditions**
630 – 2nd Avenue (resource centre)

Thursday
7pm **Living Clean**
630 – 2nd Avenue (resource centre)

NANAIMO

Monday
12pm **Save Our Serenity**
596 Albert Street (union hall)

7:30pm **Steps to Recovery**
437 Wesley Street

Tuesday
12pm **Save Our Serenity**
596 Albert Street (union hall)

7:30pm **Just Do It!**
2174 Departure Bay Road (church)

Wednesday
12pm **Save Our Serenity**
596 Albert Street (union hall)

7:30pm **No Bitchin' More Steppin'**
765 Bruce Avenue
(school parking lot around back)

*Get Clean & Stay Clean!
The NA Way!*

NANAIMO

Thursday
12pm **Save Our Serenity**
596 Albert Street (union hall)

7:30pm **Time to Shine**
596 Albert Street (union hall)

Friday
12pm **Save Our Serenity**
596 Albert Street (union hall)

7:30pm **Freedom Friday**
596 Albert Street (union hall)

9:00pm **The Only Requirement**
625 Georgia Avenue (school room #9)

Saturday
12pm **Save Our Serenity**
596 Albert Street (union hall)

7:30pm **Steps to Serenity**
4017 Victoria Avenue
(church hall off Norwell Drive)

Sunday
8:30am **Men's Group**
290 Bastion Street

7:30pm **New Beginnings**
596 Albert Street (union hall)

OUTREACH MEETING

Monday
8pm **Warriors of Wisdom**
699 Capilano Road Lantzville
(treatment centre)

PARKSVILLE

Monday
7:30pm **Alive & Well**
1420 Alberni Highway (church)

Tuesday
7pm **Lost & Found**
186 Shelly Road

Thursday
7pm **Seaside Serenity**
550 Pym Street (side building).

Saturday
10:30am **Celebrate or Suffer**
136 Hirst Avenue

PORT ALBERNI

Mondays, Wednesdays & Fridays
7pm **Visions of Hope**
3949 Port Alberni Highway
(hospital, room C off main lobby)
This meeting is a closed meeting on Mondays

Saturday
7:30pm **Visons of Hope**
3028 2nd Avenue (club)

QUALICUM

Saturday
6pm **Qualicum Basic Text Meeting**
600 Beach Road (church basement)

All meetings are open to everyone unless specified.

Legend:

- C closed - addicts only
- LGBT+ lesbian, gay, bi-sexual, transgender, etc.
- M men only
- @ wheelchair accessible



VIA SERVICE CORNER

All Meetings Below Are Held At:
596 Albert Street Hall, Nanaimo

GSR: Group Service Representative
2nd Sunday each month @ 9:30am

ASC: Area Service Committee
2nd Sunday each month @ 10am

Public Relations
1st Friday each month @ 6pm
(includes panel orientations)

Carry the Message Meetings:
Contact publicrelations@cviana.ca to join in
or attend a regular PR orientation.

6 months clean time to share.

Jails: Monday & Wednesday (requires clearance)
Detox: Tuesday & Thursday
Phone Line: You Choose
Schools: Coming Soon

Literature Orders: literature@cviana.ca

Changes to the meeting list?
Email meetinglistliaison@cviana.ca

NA Language

NA Members = Recovering Addicts
Abstinence = Clean
Tags and Anniversaries = Clean time
Start using again = Relapse
Clean time + NA basics = Recovery

Women Men

Please, pick up the phone before you pick up the dope

Central Vancouver Island Area
*Gabriola, Ladysmith, Nanaimo,
Parksville, Qualicum & Port Alberni*



Narcotics Anonymous

APRIL 2018
MEETING LIST

HELP LINE
1.800.494.2404

JUST FOR TODAY:
You never have to use again!

www.cviana.ca